

Marina Leader Pre Camp Prep

Foley's location on Whitefish Lake makes the aquatic activities that we teach one of the major aspects of the camp program. The safety and well being of the campers that participate in canoeing, waterskiing, windsurfing, sailing and fishing are directly related to the leadership skills of our Marina Leaders (MLs). The best boat driver in the world may not be cut out for a ML if they can not learn to supervise both campers and staff. Likewise having a competence with driving many different types of crafts is imperative. The following information is put together so that you can come to camp ready to lead on the waterfront!

What you **MUST** do:

1. Let the office know if you would like any additional information in one of the activities below to allow yourself to be a better leader at the Marina.

What you **SHOULD** do:

1. **Practice Boat Driving!**: All of the boats listed below are in the Marina are and are used on a daily basis. Familiarity with all of the vessels is not necessary, but the more you know about all of the models the better. Any driving experience you can get prior to camp (**especially in small fishing boats and pontoon boats**) is very important! Foley has:
 - a. 1 - 2016 26 foot, Crest II Pontoon Boat with a 90 horsepower motor.
 - b. 5 - 8-9.9 horsepower small fishing boats used as safety and instructional boats.
 - c. 2 –Ski Natique Correct Craft 210s, 1 Moomba Helix Wakesurf boat
 - d. Sailboats – Vanguard 420s, O’pen Bics, Hartley 15s
 - e. Windsurf – Starboard Start Boards (size large) with 3.2 – 7.2 sails.
 - f. Canoes – 17 foot aluminum
2. **Upper Body Strength.** Being a Marina Leader is at times a physically strenuous job. The more you can do to increase your strength and get yourself in shape to do hard physical work, the better off you will be. Boats, docks, lifts and all of the equipment that goes along with them are often heavy and awkward.
3. **Reading.** We understand that having access to a boat all the time may not be possible. If this is the case, try your best to get some driving in, but there are also some other things you can do. The internet is full of articles about how to teach fishing, information about our equipment, etc. Study up! Below is a list of some such sites. There are sites about all of the activities that you will be overseeing and helping out with on some level. Even if you are not hired to do a certain activity it is good to know general information in case the staff or campers ask you questions.

General Lake/Boat Information

- a. <http://thoreau.dnr.state.mn.us/lakefind/lakemaps/b0307010.pdf>. This is a simple map of the Whitefish Chain. Foley is located on the northern shore of Lower Whitefish just to the left of the point above the letters “HIT” in the word “Whitefish”.

Fishing Information

- b. http://www.bassresource.com/fishing/take_a_kid.html. This is a site with info on how to teach kids to fish. Also typing in “Teaching Fishing” to a web search engine (Google, Yahoo) can give you tons of sites to check out.

- c. <http://www.dnr.state.mn.us/fishing/index.html>. Familiarize yourself with the laws, regulations, fish species, etc. at this DNR site. The more you know the better.

Windsurfing Information

- d. <https://windsurf.star-board.com/products-2020/start/> This site has specific info about the boards that we have – Both the Rio and Start models.
- e. <http://www.uswindsurfing.org>. A good resource for what is going on in the windsurfing world. There are often instructional tips that you can pick up and articles about games, drills and events.
- f. http://www.uswindsurfing.org/links_main.php. This link is off of the US Windsurfing site and offers many links to organizations, equipment, classes, etc.
- g. Type in “Windsurfing Drills” in Google and you can get tons of ideas.
- h. Start Windsurfing Right by James Coutts is a good book with all of the technical aspects of sailing and theory of how sails work outlined clearly. Camp has many copies available and it is a good source to refresh your memory. Let us know if you want one when you get to camp.

Canoeing Information

- i. Introduction to Paddling by The American Canoe Association. A good guide to basics of canoeing and boating. Available as a pdf with the Canoe info for staff.

Sailing Information

- a. www.ussailing.org – a comprehensive site with information about what US Sailing is and other resources. The awards that the kids at Foley try to earn in sailing are based off of this organization.
- b. Type in “Sailing Drills” in Google and there are tons to check out!
- c. Start Sailing Right by Derrick Fries. Camp has many copies and this is a great resource if you aren’t very confident with your book knowledge of sailing or you need a refresher. Let us know if you want one when you get to camp.

Waterskiing Information

- d. <http://www.usawaterski.org/>. This is the governing body of water ski competitions in the USA and although we don’t do competitions here at camp, this is a good site to get further information about the current happenings in the sport.
- e. Check out all of the pdfs on the Camp Foley staff Activity prep page for staff.