

Name \_\_\_\_\_

## Riflery Study Guide

- Rifling in a barrel causes the projectile to \_\_\_\_\_.
  - slip out of the barrel with only a forward motion
  - spin for increased speed
  - spin for increased accuracy
  - cool faster to increase friction
- The powder in a .22 cartridge \_\_\_\_\_ to create hot gases to propel the bullet down the barrel.
  - explodes slowly
  - explodes rapidly
  - burns slowly
  - burns rapidly
- What does a shooter see as he or she aims the rifle and aligns the front and rear sights on the target?
  - a + (cross) on the center of the target
  - only the center of the target
  - a sight picture
  - a line down the barrel pointing to the target
- A shot group is \_\_\_\_\_.
  - a pair of shooters on the firing line
  - the number of rounds shot in one position
  - a group of shots on the target
  - the stack of targets to be judged
- By using a(n) \_\_\_\_\_ you are signaling to others in the range that your rifle is safe.
  - open bolt indicator
  - waving hand signal
  - sling to carry your rifle
  - red cap on your muzzle
- If the kneeling roll is placed under the instep of the right foot, the foot may not be turned at an angle of more than \_\_\_\_\_.
  - 25 degrees
  - 45 degrees
  - 15 degrees
  - 90 degrees
- In the prone position, for a right-handed athlete, most of your weight should be \_\_\_\_\_.
  - on your stomach
  - on your legs
  - on your trigger arm
  - on the left side
- In the standing position, if a line were drawn across your toes it should point toward \_\_\_\_\_.
  - the scope stand
  - others on the firing line
  - the target
  - none of the above
- The best support hand position to use in standing \_\_\_\_\_.
  - is a fist
  - depends on your body and the rifle
  - is split fingers
  - is the heel of your hand

10. If you are right handed, the kneeling roll would be placed \_\_\_\_\_.
- under your right ankle
  - under your left foot
  - in the crease of your left knee
  - between your head and right shoulder
11. \_\_\_\_\_ is the squeeze of the trigger while acceptable hold movement is centered and steady.
- Follow through
  - Hold control
  - Trigger control
  - None of the above
12. Three phases in a shot plan are the preparation phase, \_\_\_\_\_, and shot phase.
- pre-shot phase
  - post-shot phase
  - position phase
  - initial firing phase
13. \_\_\_\_\_ is the first step in shot analysis and is a key to improvement.
- Calling your shot
  - Trigger squeeze
  - Sight alignment
  - Hold control
14. \_\_\_\_\_ is a step-by-step technique of firing the shot.
- Firing plan
  - Record day
  - Sight adjustment
  - Shot plan
15. During the pre-shot phase you should be thinking about aiming and \_\_\_\_\_.
- holding
  - relaxing
  - follow-through
  - trigger control
16. Check your natural point of aim and \_\_\_\_\_ before every shot.
- hold technique
  - position consistency
  - balance
  - none of the above
17. The challenge of shooting is to continually \_\_\_\_\_.
- outscore the champions
  - improve endurance
  - hit the center of the target
  - advance to larger rifles
18. Young shooting athletes succeed because of \_\_\_\_\_.
- practice
  - ability
  - equipment
  - chance
19. Safe gun handling is focused on the letters MAT. What does MAT stand for?
- muzzle, always, toward ground
  - most, accurate, target
  - materials, ammo, target
  - muzzle, action, trigger